

What is Toe By Toe?

Toe By Toe® is a systematic page-by-page and step-by-step series of activities in one book, delivered one-to-one, with instructions for the 'coach' on each page.

Learner and coach should work through the entire scheme, however long that takes.

Who is it for?

anyone who finds reading difficult

anyone who finds decoding words (or
sounding out) tricky

anyone who finds word building tricky



Who is it NOT for?

**Younger pupils starting on their literacy
journey.**

**Usually at Cramond we would think about it
at P4 onwards.**



Why use it?

**Regardless of the nature of literacy difficulties,
anyone can be taught to read using Toe By Toe.**

It delivers an improvement in reading age!

It boosts children's ability and confidence.

How does it work?

Pupils make progress by the tiniest steps – one toe at a time.

Takes learners right back to the beginning of phonics and works from there.

It uses constant reinforcement and over learning.

Uses nonsense words to ensure blends are learned.

Pupils can easily see their progress right from the first page.

Confidence and self-esteem are boosted

Who can coach it?

It often works better with non-professionals as they don't have any pre-conceived notions and simply follow the very detailed instructions to the letter.

Over 25 years of fieldwork went into the development of the system and it is this research that makes the method so easy to use.

The person coaching often says they are learning just as much as the pupil!



for more information

toe-by-toe.co.uk

What do you need to do?

Commit to the programme. It takes roughly 18 months!

Coach your child at least 4 times a week, for around 15 minutes following the instructions on the page.

Send the book to school once a fortnight for a check up.



Toe By Toe Contract Parent

- I will read the relevant coaching pages before starting sessions with my child.**
- I will sit in a quiet relaxed space with my child and focus on the task.**
- I will cover 10-20 minutes at least 4 times per week.**
- I will be patient and encouraging.**

Toe By Toe Contract Pupil

- I will do 10-20 minutes work at least 4 days per week.**
- I will try my hardest because I know this is helping me.**
- I will bring my Toe By Toe book to school for regular check ups with my teacher.**

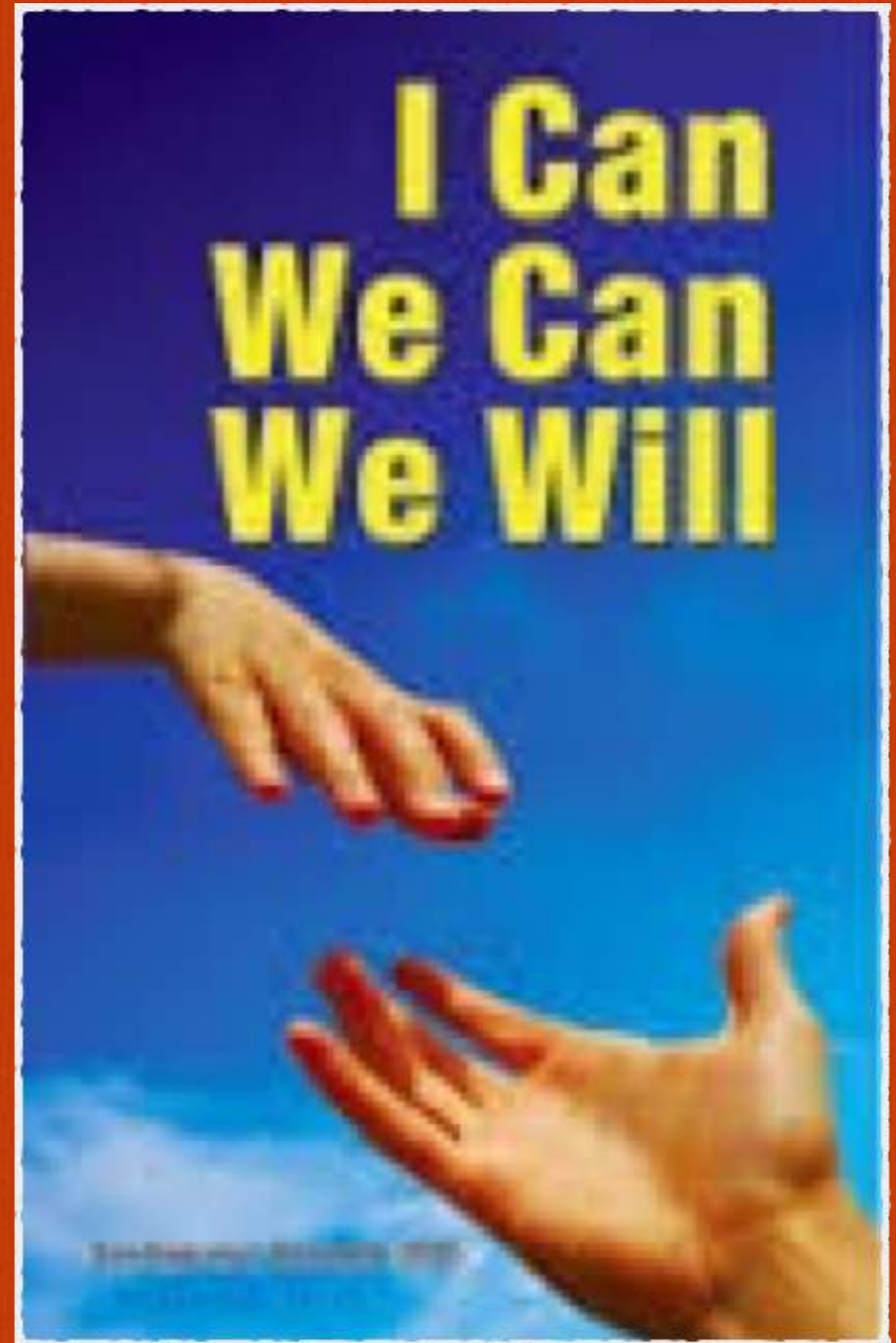
What will we do at school?

Identify children who would benefit from the Toe By Toe approach.

Provide training.

Regular 1:1 check ups.

Host Toe By Toe hubs where parents and pupils can drop in for advice or help .



What people say about it.

You do need to be dogmatic in following it and stick to the sessions. It's good to share sessions with the school so that you can teach it as well and you can keep it going when there are school holidays.

Good Luck with it and I hope you get on as well as we did with it.

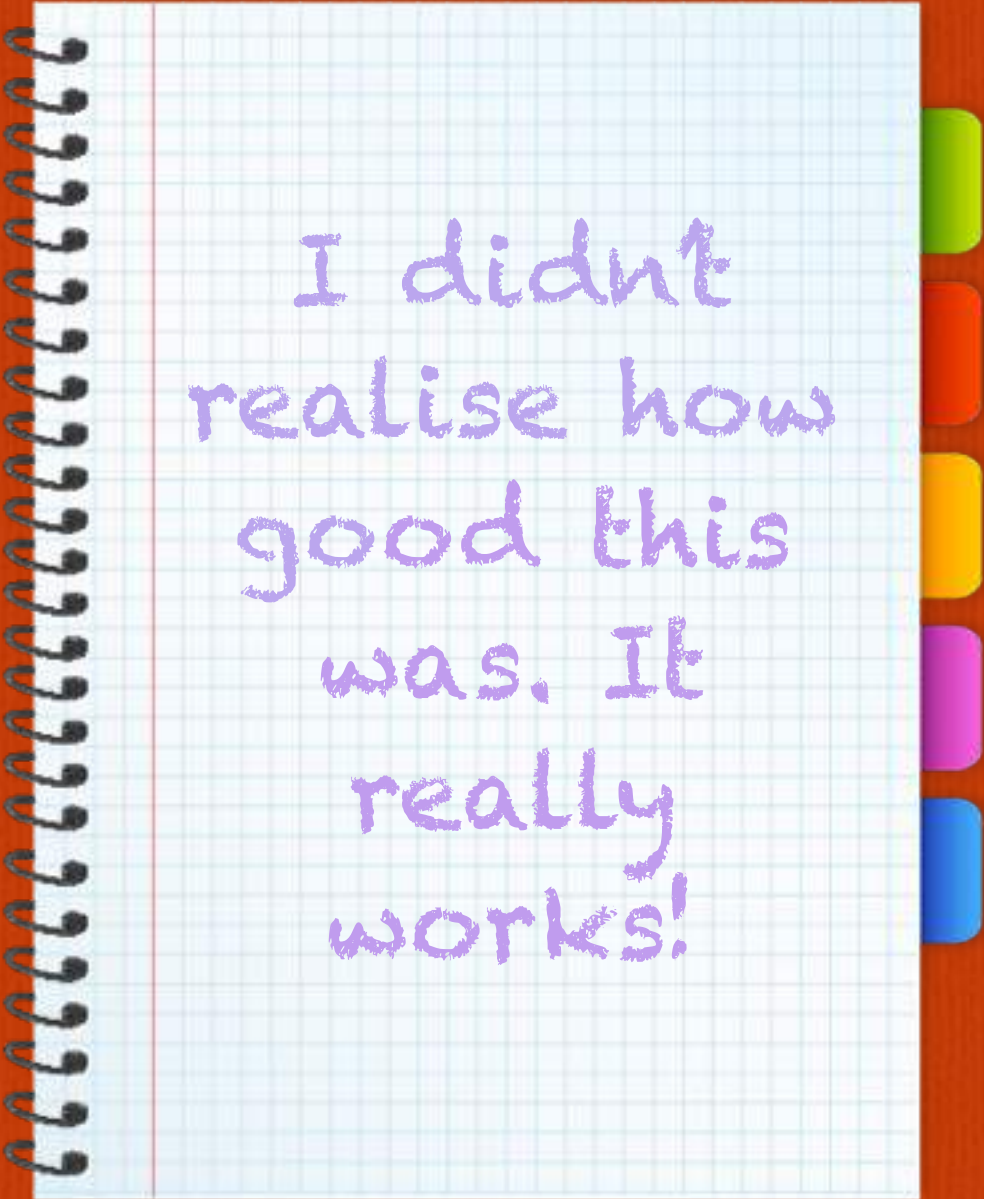
My boy is now 7 1/2 and has a high IQ. It seems a little slow and therefore frustrating at times.

However, his reading certainly has improved a lot! I have been informed by school that he has improved by one sublevel, nearly two sublevels since last June, and we only started with toe by toe in October.

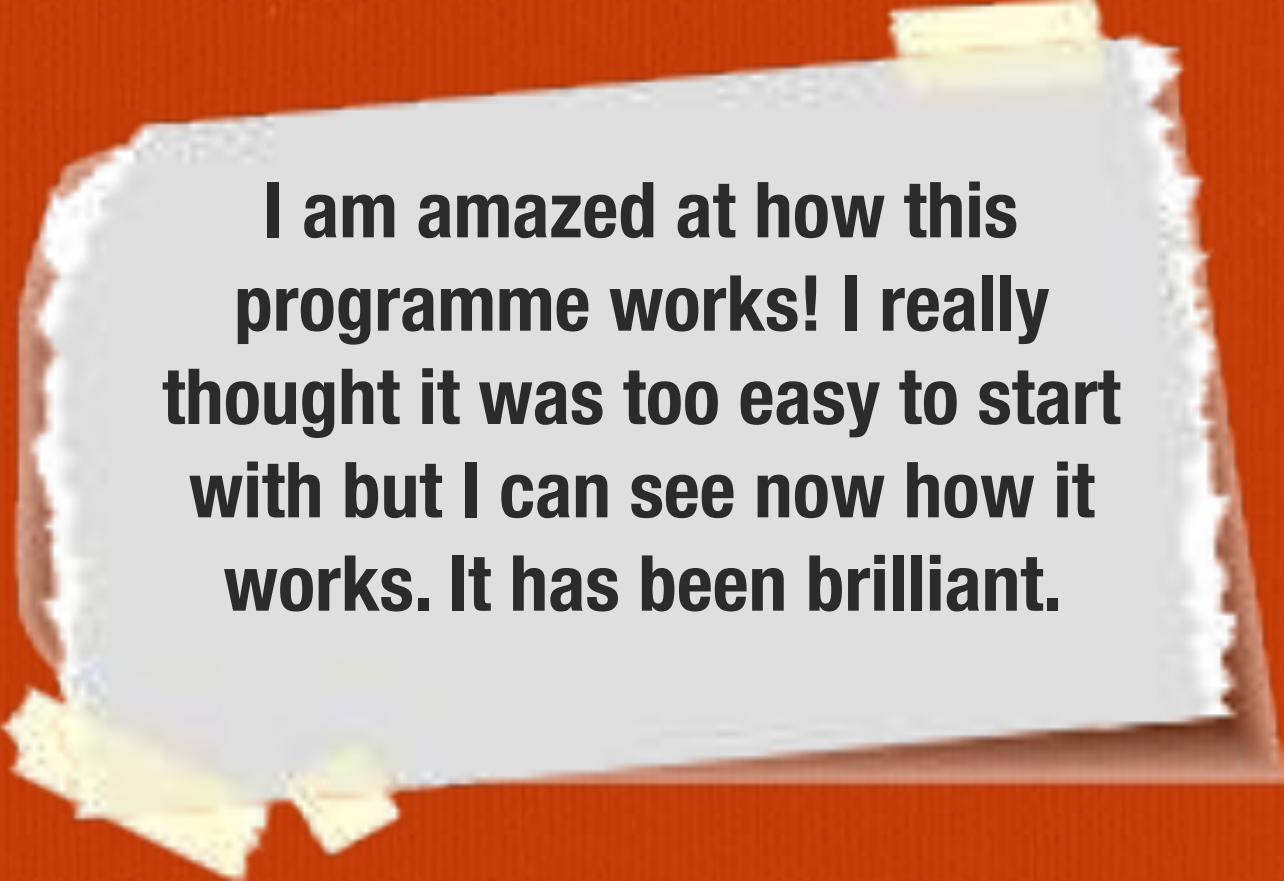
It's a great programme to learn decoding skills.



What people say about it.



I didn't realise how good this was. It really works!



I am amazed at how this programme works! I really thought it was too easy to start with but I can see now how it works. It has been brilliant.

What people say about it.



We shared this programme with the Primary school. We did 3x a week and the school did 2x a week so our daughter had 5 Toe by Toe sessions a week.

Her reading age was measured at the start of Toe by Toe and at points during the programme to check her progress and it was measured when she completed Toe by Toe. It took almost two years to complete her Toe by Toe book and when she finished she had improved her reading by two and a half years and managed to get her reading age within six months of her chronological age.

But more importantly it taught her that she could read and gave her the skills she needed to decode words and the confidence to take off with reading independently, something that she had longed to do.



"One of the most important books I've ever signed"

- JK ROWLING, HMP EDINBURGH 2008